

Provider Notice

To: All Network Providers
From: PerformCare
Date: January 12, 2026
Subject: AD 26 101: Tobacco Cessation Resources

This notice is intended to inform all network providers of tobacco cessation resources available for Members. Providers are encouraged to actively support and refer individuals seeking assistance with tobacco cessation.

A comprehensive list of state approved Tobacco Cessation programs, organized by county, is available at: <https://apps.health.pa.gov/TREES/PACR/Public/RegistrySearch.aspx>

Tobacco use remains one of the leading preventable causes of disease and death in the United States. Cigarette smoking harms nearly every organ of the body, causes many diseases, reduces overall health in general, and is a particularly serious issue for persons with serious and persistent mental illness and/or substance use disorders. The Commonwealth of Pennsylvania has implemented a statewide comprehensive tobacco-use prevention program. Each Physical Health MCO (PH-MCO) and Behavioral Health MCO (BH-MCO) has developed work plans to assist in this statewide effort.

State-level initiatives include:

- Telephone Quitlines– to provide free counselling and nicotine replacement therapy (NRT) to eligible participants.
- Public health campaigns to counter tobacco marketing and promote cessation
- Monitoring tobacco sales to minors and enforcement of compliance standards.
- Screening, assessment and treatment services for tobacco dependence within a BH setting

Provider action:

Please ensure that tobacco cessation discussions are incorporated into routine care and that referrals to appropriate cessation services are offered. Providers play a critical role in promoting tobacco-free recovery and improving overall wellness among members.

For further information, please refer to the PA Department of Health's Tobacco Prevention and Control Website at:

<https://www.health.pa.gov/topics/programs/tobacco/Pages/Tobacco.aspx>

Specific information related to E Cigarettes can be found at:

<https://www.health.pa.gov/topics/programs/tobacco/Pages/E-cigarettes.aspx>

PA Free Quitline

Members can access confidential, evidence-based support through:

- 1-800-QUIT-NOW (800-784-8669)
- 1-855-DEJELO-YA (855-335-3569)

If your agency would like to become a Tobacco Cessation Provider eligible for MA reimbursement, please refer to the enrollment and billing information located at:

<https://www.pa.gov/services/health/register-as-a-provider-on-the-pre-approved-tobacco-cessation-registry>

Additional tobacco cessation resources are also available on the PerformCare website at:

<https://pa.performcare.org/providers/resources-information/tobacco-cessation>

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