

PerformCare Additional Medical Necessity Guidelines (MNG)

PerformCare MNG is based on OMHSAS MNG in Appendix S & T, ASAM (Substance Use Services) and PerformCare's OMHSAS Approved MNG per policies.

1. Psychological and Neuropsychological Testing is authorized by PerformCare, as per policy *CM-012 Authorization of Psychological and Neuropsychological Testing & Guidelines*. Medical Necessity (MN) is determined using PerformCare's Testing Medical Necessity Guidelines (MNG), relevant OMHSAS Appendix T MNG principles and current professional standards. PerformCare Testing MNG specify the testing must be for a specific purpose which cannot be accomplished by other clinical interview and is not primarily for educational or vocational purposes. Testing covers all ages.
2. Electroconvulsive Therapy is authorized by PerformCare per ECT *CM-045 Requests for Initial, Continuation and Maintenance for Electroconvulsive Therapy*. ECT may be delivered in either Outpatient or an Inpatient setting and is primarily for Members 18 years and older. Other ages are considered on case-by-case basis. Electroconvulsive therapy (ECT) is a medical treatment that involves passing a brief electrical current through the brain and is used to treat severe depression that has not responded to other mental health treatment and medications.
3. Music Therapy is authorized by PerformCare as per policy *CM-047 Authorization and Delivery of Music Therapy Services*. MN determinations are as per PerformCare Music Therapy MNG. These specify the treatment must be delivered by a credentialed professional who has completed an approved Music Therapy program as outpatient treatment. This modality is primarily used for the ASD population and can be effective for improving self-expression, improving peer interactions, emotional expression, and affect modulation. These areas need to be addressed by the mental health system not because of a desire to aid in developmental progression but because they are demonstrated to be part of behavioral health symptoms that bring this Member to the mental health treatment arena (e.g., physical aggression). Music Therapy is available for members under 21 years of age.
4. Assertive Community Treatment (ACT) is authorized by PerformCare per *CM-053 Requests for Initial and Continued Authorizations for Assertive Community Treatment & Community*

Treatment Team Services. ACT/CTT is for members 18 year and older and a consumer-centered, recovery-oriented mental health service delivery model that has received substantial empirical support for facilitating community living, psychosocial rehabilitation, and recovery for persons with the most serious mental illnesses and impairments who have not benefited from traditional outpatient programs.

5. Mobile Mental Health (MH) and Intellectual Disability (ID) Services is authorized by PerformCare per CM-054 Requests for Initial and Continued Mobile Mental Health and Intellectual Disability Services. Mobile MH/ID provides support to individuals with a mental health issue and an intellectual disability for members 18 year and older.
6. Requests for Transcranial Magnetic Stimulation authorized by PerformCare per CM-055 Requests for Transcranial Magnetic Stimulation for members 18 year and older. Transcranial magnetic stimulation (TMS) is a non-invasive procedure that uses magnetic fields to stimulate specific areas of the brain and is used to treat severe depression that has not responded to other mental health treatment and medications.
7. Community Residential Rehabilitation-Host Home (CRR-HH) is authorized by PerformCare per policy CM-CAS-053 CRR-HH Initial and Re-authorization Process. CRR-HH is a type of mental health treatment that is provided in a family-like setting and is most appropriate for Members whose behavioral health needs prevent effective treatment from occurring within the family home or current living arrangement (e.g., guardian). This service is also authorized by PerformCare on the basis of PerformCare CRR-HH MNG, which are basically that Member behaviors are of such significance that there is a negative impact on family relationships and dynamics, and behaviors interrupt the ability to maximize Member and family functioning; and, although the intensity of the behaviors are not able to be managed in the Member's home setting, the Member can function safely within the community, even if behavioral support is needed. CRR-HH is available for members under 18 years of age.
8. IBHS services are authorized by PerformCare per OMHSAS Appendix S MNG for individual services, ABA, and group services. The basics of the MNG is that the services can be reasonably expected to be therapeutic, the child does not need a higher level of care for safety, and the number of hours prescribed are necessary or there is some other medical necessity. All IBHS are available for members under 21 years of age.
9. All other Mental Health levels of Care are authorized by a PerformCare per OMHSAS Appendix T and ASAM for SUD Services. Services covers all ages.

All denials of care are completed by a PerformCare Psychiatrist/Psychologist Advisors in accordance with OMHSAS Appendix AA, PerformCare policy CM-013 Approval/Denial Process and Notification and NCQA Standards.

